



MAEER PUNE'S

MAHARASHTRA INSTITUTE OF DENTAL SCIENCES & RESEARCH (DENTAL COLLEGE)



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VALUE BASED UNIVERSAL EDUCATION SYSTEM

Vision of the founder since inception was to provide value based universal education system. The motto of "Science and spirituality" going hand in hand for holistic development of the students and country in a larger sense was the basis of this vision.

As a Health care providers we are in a unique position to help people who are in need. Health care providers have many responsibilities that go beyond just treating patients. We believe that a person's worth is not defined by their gender or race. We also believe that our patients should be treated with respect and dignity. When we treat others with kindness and compassion, they are more likely to feel like they can trust us and open up about their problems. In health care providers, it is important to have a strong set of values. These values are what will help you make decisions that are best for your patients and the community.

The institute ensures to reflect this distinctiveness in all the aspects of routine functioning. Some of the practices and associated values are mentioned as follows:

- 1. SECULARISM AND SOCIALISM:** The traditional infrastructure of the institute reflects these values loud and clear. The emblems of all religions and beliefs are displayed in the Dome to emphasize the value of secularism "Sarva Dharma Samantra" among the students and the employees of the institute. Reciting of World Peace Prayer every day reinforces many values. The institutes conduct specific programs on Gender sensitization and equity. Also, addresses the various commemorative days for remembering the contributions of leaders from various religious sects and time periods. Vishwashanti prayer is one of the most distinctive features of the Institute, whose details are given below:

World Peace Prayer or Vishwashanti prayer is one of the distinctive, and significant daily activity of our institute. Vishwashanti prayer which is played at 9.00 am every morning in the whole campus as well as at the inauguration of every activity in the campus. It signifies the importance of the world peace and passes the message about the unity and humanity. It attempts to make man human to enable him to live at peace with himself and the Society at large. It engraves the values like respect to the teachers and others, to be kinder and more compassionate towards one another, so that we may live

Kangam

Principal
M. I. D. S. R. Dental College
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in harmony with each other and with Nature. For living in harmony and peace We should bring an end to all conflicts and disputes, should not do any discrimination against anyone because of their race or ethnicity, Let us understand that all things are connected to each other and have their own purpose in life. A ritual prayer to the almighty, who is the creator of everything and also to acknowledge his existence and thank him for all that he has given to us, all the students and employees.

VISWASHANTI PRAYER

World Peace Prayer

ॐ नमोजी आद्या । वेद प्रतिपाद्या । जयजय स्वसंवेद्या । आत्मरूपा ॥१॥
 देवा तुंचि गणेशु । सकलार्थं मतिप्रकाशु । महणे निवृत्तिदासु । अवधारितो जी ॥२॥
 Salutations! To "OM" ☉ The Ultimate "TRUTH" -
 The Ultimate "REALITY" - The Ultimate State of Matter
 As enunciated in Vedas!
 Salutations! To the self CONSCIOUSNESS! The Pure INTELLIGENCE!
 The True "KNOWLEDGE" - The True Nature of the Soul "ATMAN"
 O God! Thou art Ganesha! The Illuminator of all Intelligence!
 The disciple of Saint Nivrīti, says,
 Please, pay attention, to my discourse (on Geeta)

गुरुर्ब्रह्मा गुरुर्विष्णुः गुरुर्देवो महेश्वरः । गुरुः साक्षात् परब्रह्म तस्मै श्री गुरुवे नमः ॥
 Prostrations! Unto "The GURU" - "The TEACHER"
 who is BRAHMA, VISHNU and MAHESH;
 who in reality is the Supreme Brahman! The Almighty-Incarnate!

ॐ पूर्णमयः पूर्णमिदं पूर्णान् पूर्णमुद्रव्यन्ते । पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्ये ॥
 ॐ शान्तिः । शान्तिः । शान्तिः ॥
 'OM' is the "Entirety!" - "The Complete" - "The Whole!"
 The Whole has emerged out of the Whole/the Complete!
 If the whole is taken out from the whole, what remains is still whole!
 'OM' itself is, Peace! Peace! Peace!

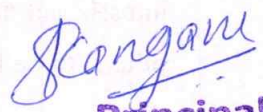
हरि ॐ ईशा वास्यमिदं सर्वम् । यत्किंच जगत्यां जगत् ॥
 तेन त्यक्तेन भुञ्जीथाः । मा गृधः कस्यस्विद् धनम् ॥
 All this whatever exists in the world, is manifested by God!
 Hence by renouncing it, Enjoy, covet not wealth which belongs to none!

ॐ भूर्भुवः स्वः । तत्सवितुर्वरेण्यं ॥ भर्गो देवस्य धीमहि । धियो यो नः प्रचोदयात् ॥
 "O" Mother Earth and the Entire Cosmos
 The adorable luster of GOD - SAVITR! - The SUN !
 We contemplate! May that Supreme radiance stimulate our INTELLECT.

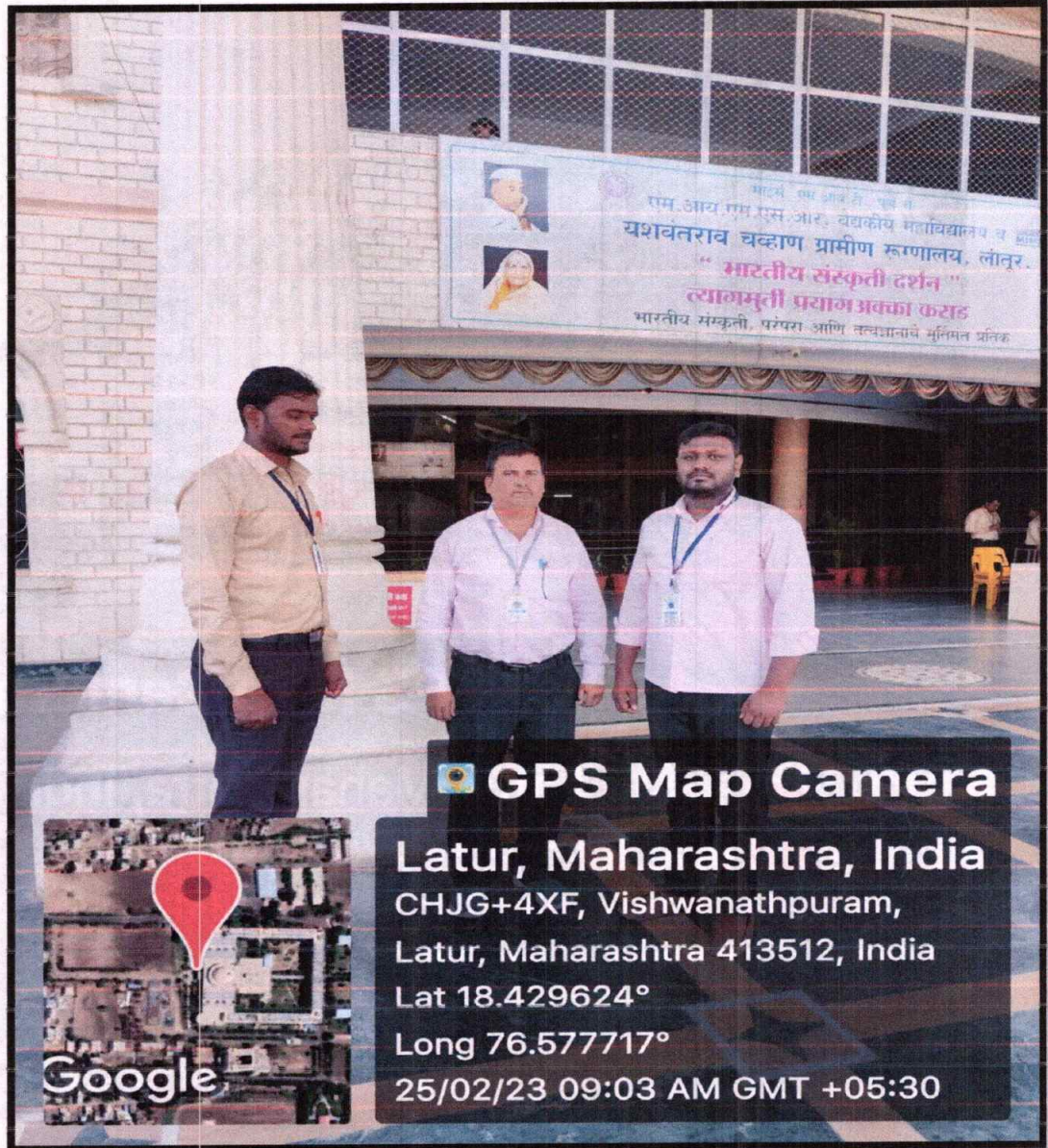
सर्वेऽपि सुखिनः सन्तु । सर्वेऽसन्तु निराशयः सर्वेऽभद्राणि परशन्तु । मा कश्चिद् दुःखमाप्नुयान् ॥
 May all be happy !
 May all be healthy !
 May all enjoy prosperity and experience auspiciousness !
 May none suffer from grief and sorrow!

सौः शान्तिः । अन्तरिक्षं शान्तिः । पृथ्वी शान्तिः । आपः शान्तिः । औषधः शान्तिः । वनस्पतयः शान्तिः ।
 विश्वेदेवाः शान्तिः । ब्रह्म शान्तिः । सर्वं शान्तिः । शान्तिरेव शान्तिः । साऽमा शान्तिरेधि ॥१०॥
 ॐ शान्तिः । शान्तिः । शान्तिः ।
 May Peace Prevail in the Sky !
 May Peace Prevail in the Cosmic Space !
 May Peace Prevail on Earth !
 May Peace Prevail in the Waters !
 May Peace Prevail in the Herbs !
 May Peace Prevail in the Vegetation/plants !
 May Peace prevail in the Lord of the Universe !
 May Peace prevail in Brahma - The Creator !
 May Peace Prevail with everyone !
 May there be nothing but peace everywhere !
 Let that Peace Prevail in Me !
 (Interpreted by Prof. (Dr.) Vishwanath D. Karad)

Vishwashanti prayer signifies human to enable him to live at peace with himself and the Society at large

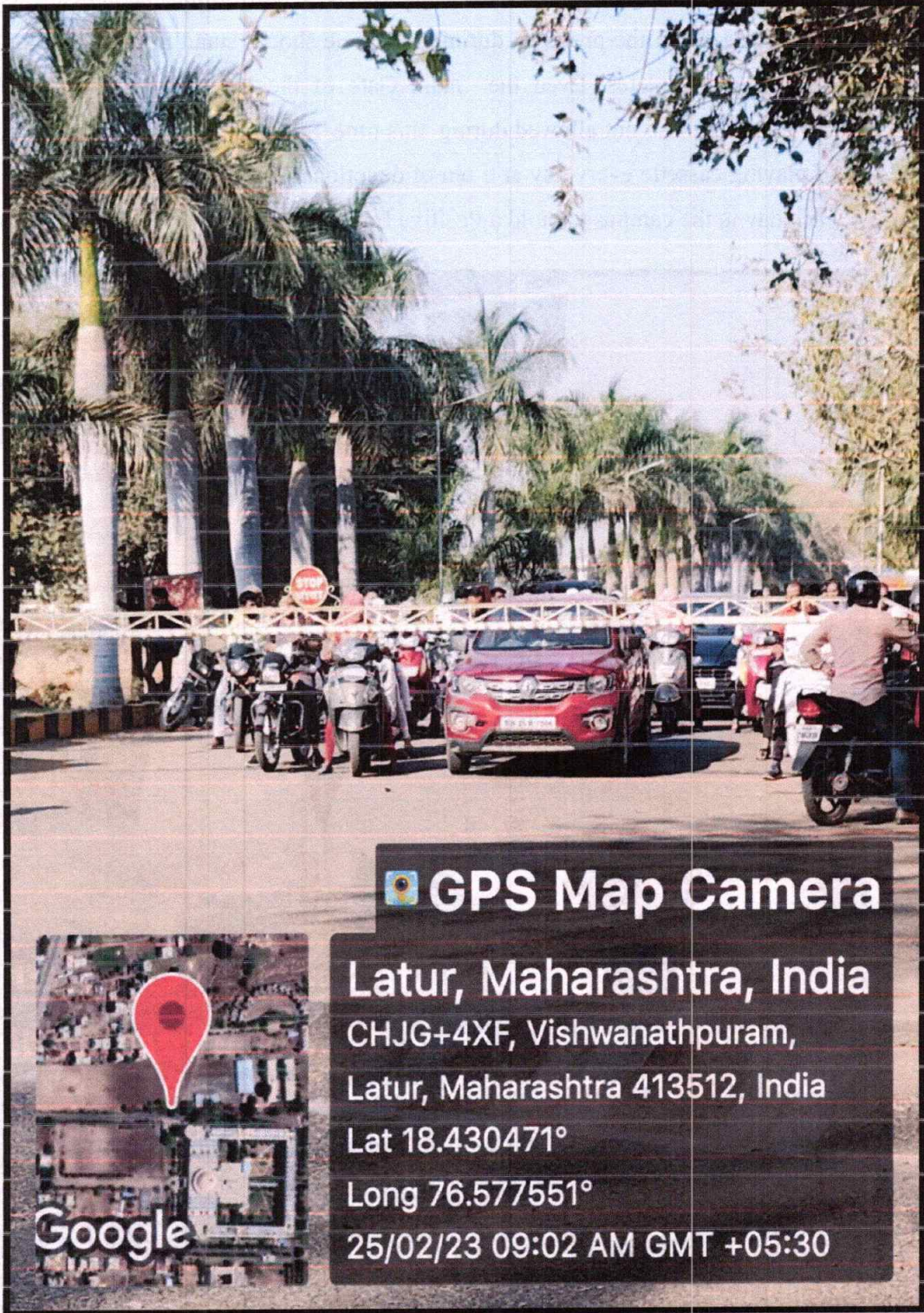

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When the Prayer is being played every morning, to give respect to the prayer it is expected from all the Teaching and Non teaching Staff, Students, Patients and any person present in the premises during that time should stand in their position, still the prayer completes, Even the main Gate of the Institute will be closed and vehicles were also not allowed during this time. Similarly we also follow a tradition of playing cassette every day at 6 pm of devotional and patriotic songs for one hour each day in the campus to build a Positive Environment.



Non –Teaching Staff Standing in their place during Prayer time

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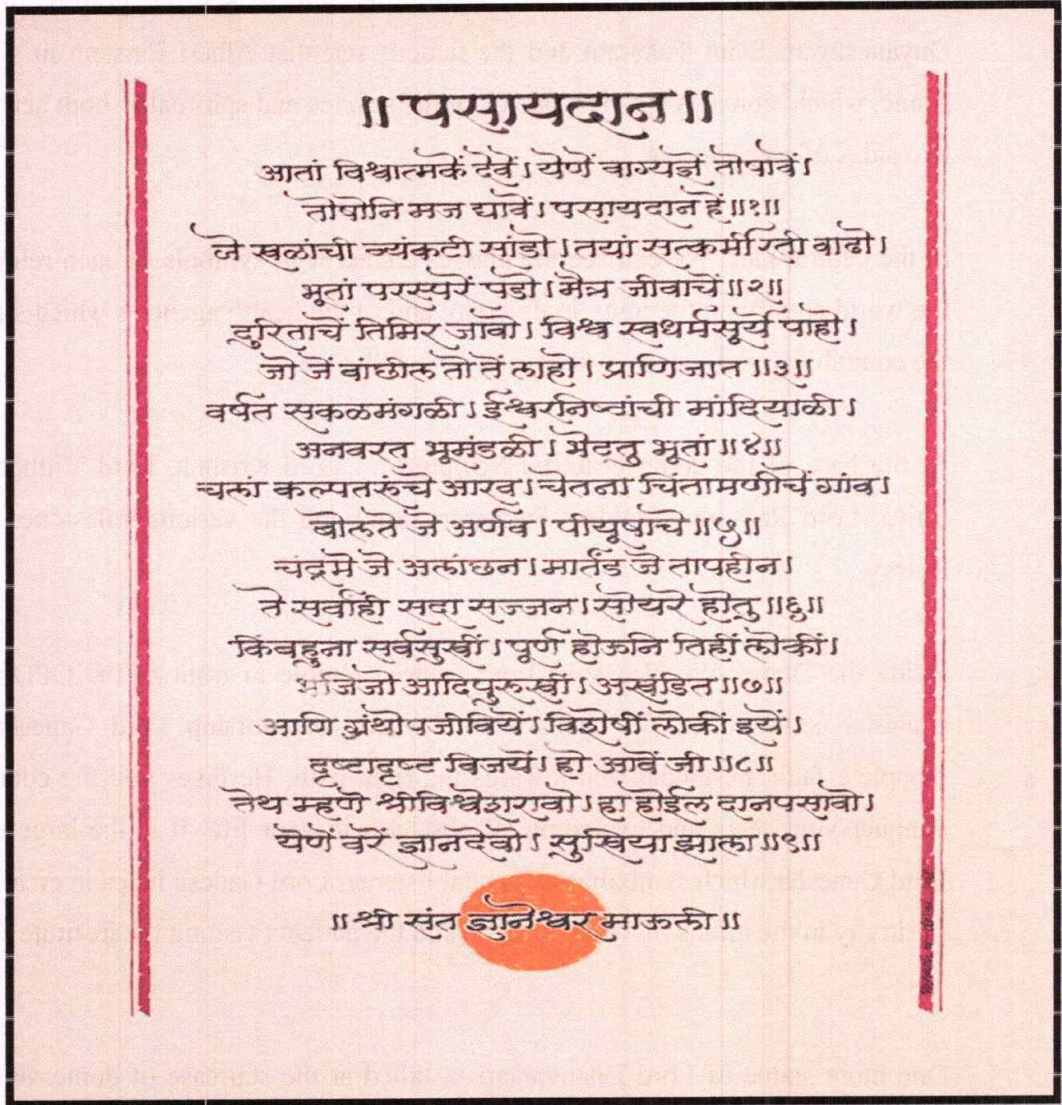
Gate was closed vehicles were not allowed during the prayer

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The another important practice which was adopted by the institute is concluding the Programmes with Pasayadaan

Pasayadan is a beautiful Prayer which signifies unity, in which Shri Jnaneshwar Maharaj invokes his Guru's blessings for the upliftment and benefit of all people and they get more power and energy to perform pious and righteous acts. Prays for the sun of righteousness to shine brightly, and all living beings shall become friends for life and live happily and with each other by bringing peace and harmony to the world.

PASAYADAAN PRAYER



Pasayadan prayer for the upliftment and benefit of all people

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Even the architecture of our Institute had been planned in shape of Dome by keeping in mind the philosophical concept of "*Sarv Dharm Sam Bhav*" laid by the Hindu Monk Swami Vivekanand. The dome is considered as the symbol of world peace. It has been constructed with the vision of all the great saints, sages and seers of the world and their renunciation, sacrifice, devotion and dedication had led to understand the Ultimate Reality or Truth of the Universe. By worshipping these divine knowledge and by acknowledging for their contribution to the mankind, One could develop great success and achieve the highest status in their life.

Inside the Dome at the entrance we will be able to see the portray of Saint Dnyaneshwar, Saint Tukaram and the famous scientist Albert Einstein in a single frame, which conveys the message about the science and spirituality both acts as the two sides of a single coin.

In the central part, We can see the glasses etched with symbols of each religion of the world signifying the unity in diversity and of the health agencies which signifies the equitability and universal access to the health care.

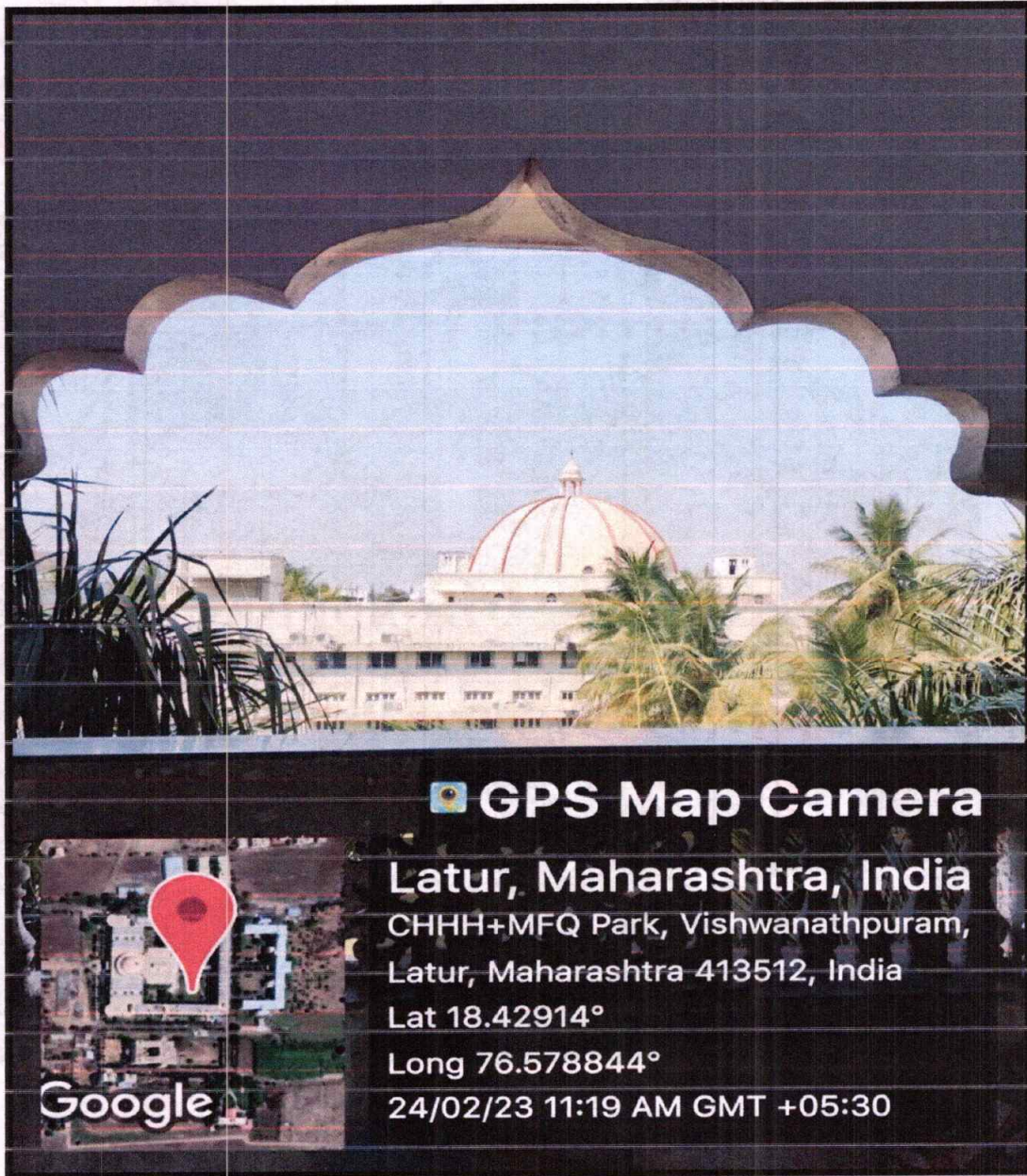
At the base of the dome beautiful Sculpture of Lord Krishna, Lord Vitthal, Lord Shiva, Lord Ram and Goddess Saraswati signifying the various milestones of the history

Inside the Dome, We also have Lord Ganesh temple in front of the OPD. Lord Ganesha is known as Vighnaharta. So, when you worship Lord Ganesha with complete faith, he guides you towards the right path. He gives you the courage to conquer your fears and overcome all obstacles in your life. It is the large ears of Lord Ganesha which symbolizes a patient listener. Lord Ganesh helps in creating the positivity in the minds of the employees and the patients visiting the institute.

One more statue of Lord Dhanvantari installed at the staircase of dome, as all we know Dhanvantri is the divine physician or the doctor of the Gods, who is known as the God of Medicine in the Hindu mythology.

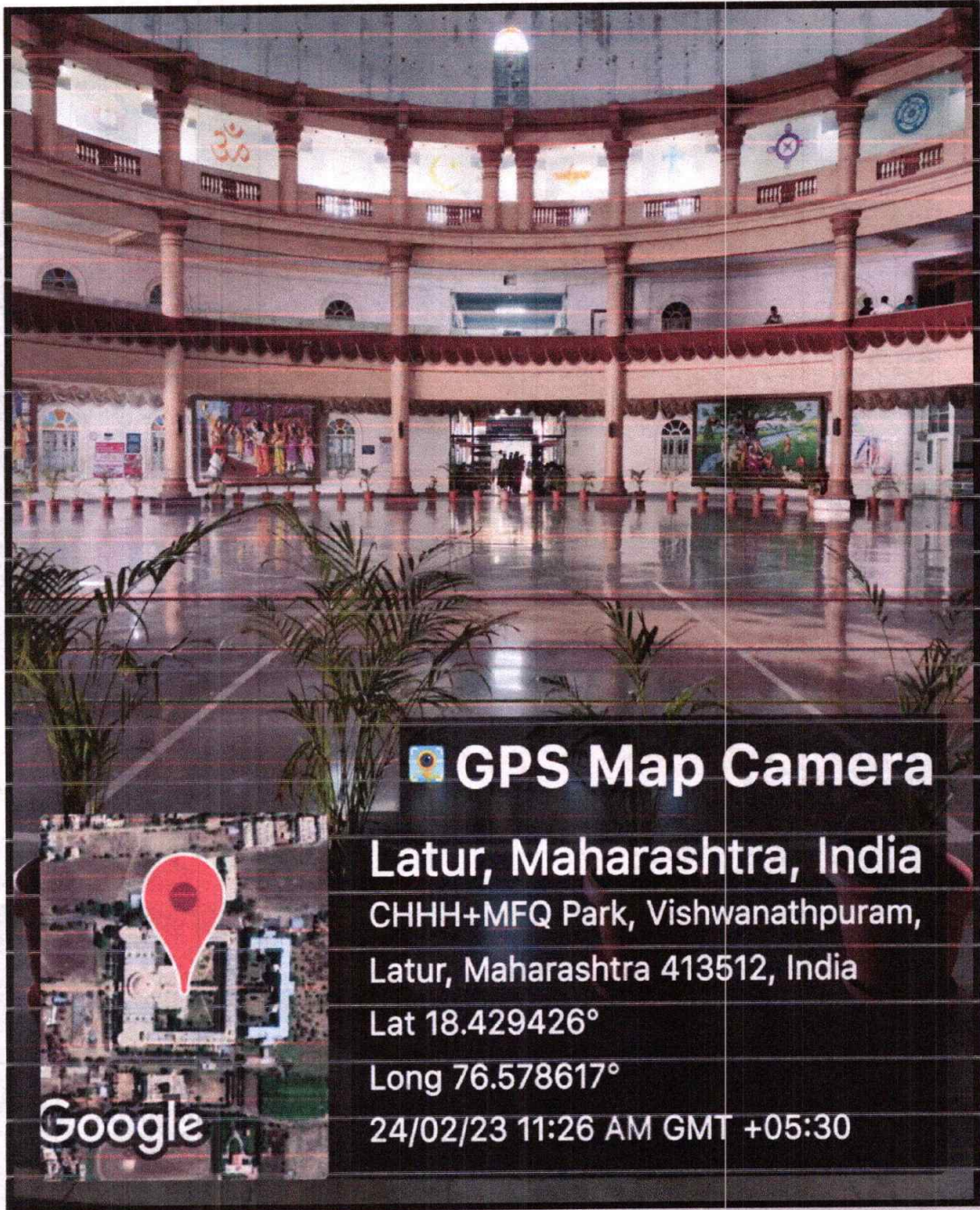
S. K. Kargane
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Lord Dhanvantri has provided to the world a great blessing in the form of Amrut that was believed to have had the power to cure any ailment and give eternal life. It is no wonder he is hailed as the Vedic Physician, the great doctor, who gave to the world a powerful system of medicine. Worshipping Lord Dhanvantri will help alleviate the sufferings of humans and promote happiness and prosperity among the doctors and the students of the institute.



Beautiful Architecture of our College Dome View

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Latur, Maharashtra, India

CHHH+MFQ Park, Vishwanathpuram,

Latur, Maharashtra 413512, India

Lat 18.429426°

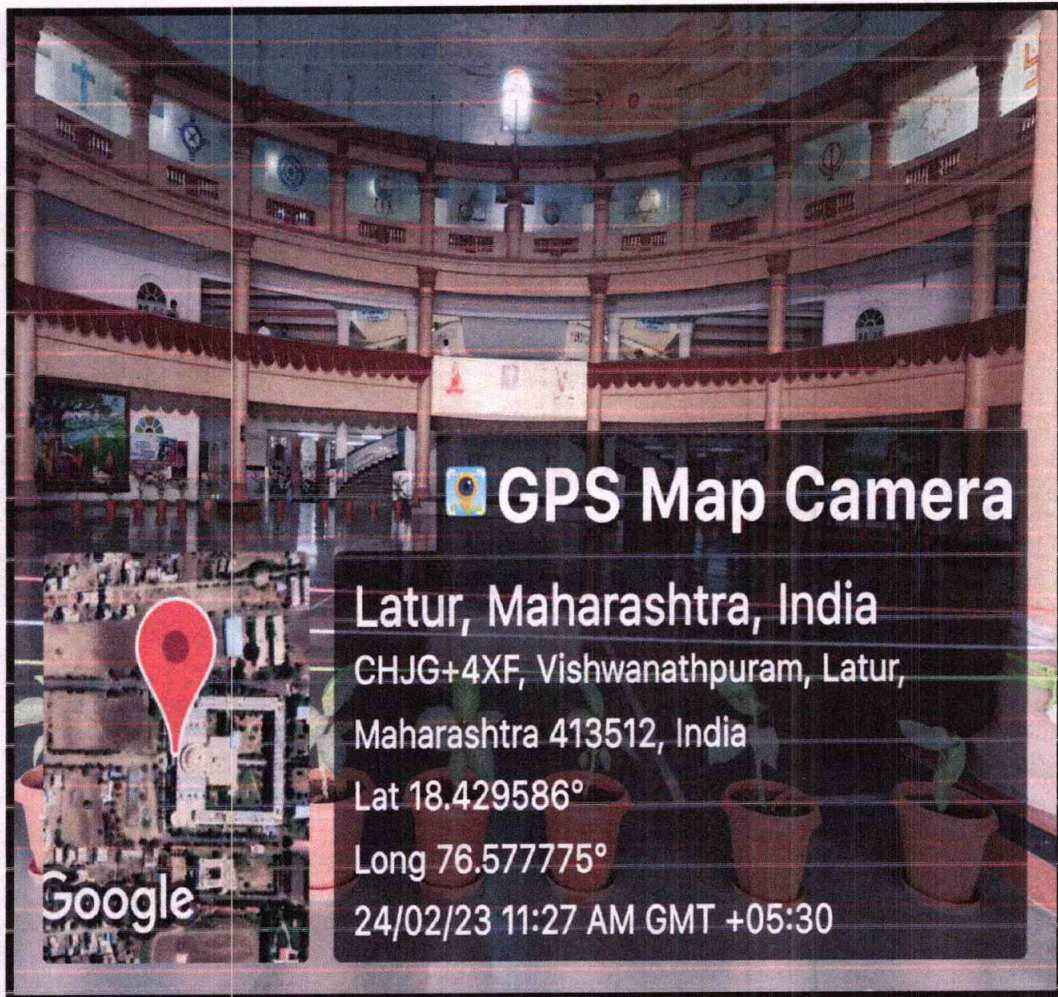
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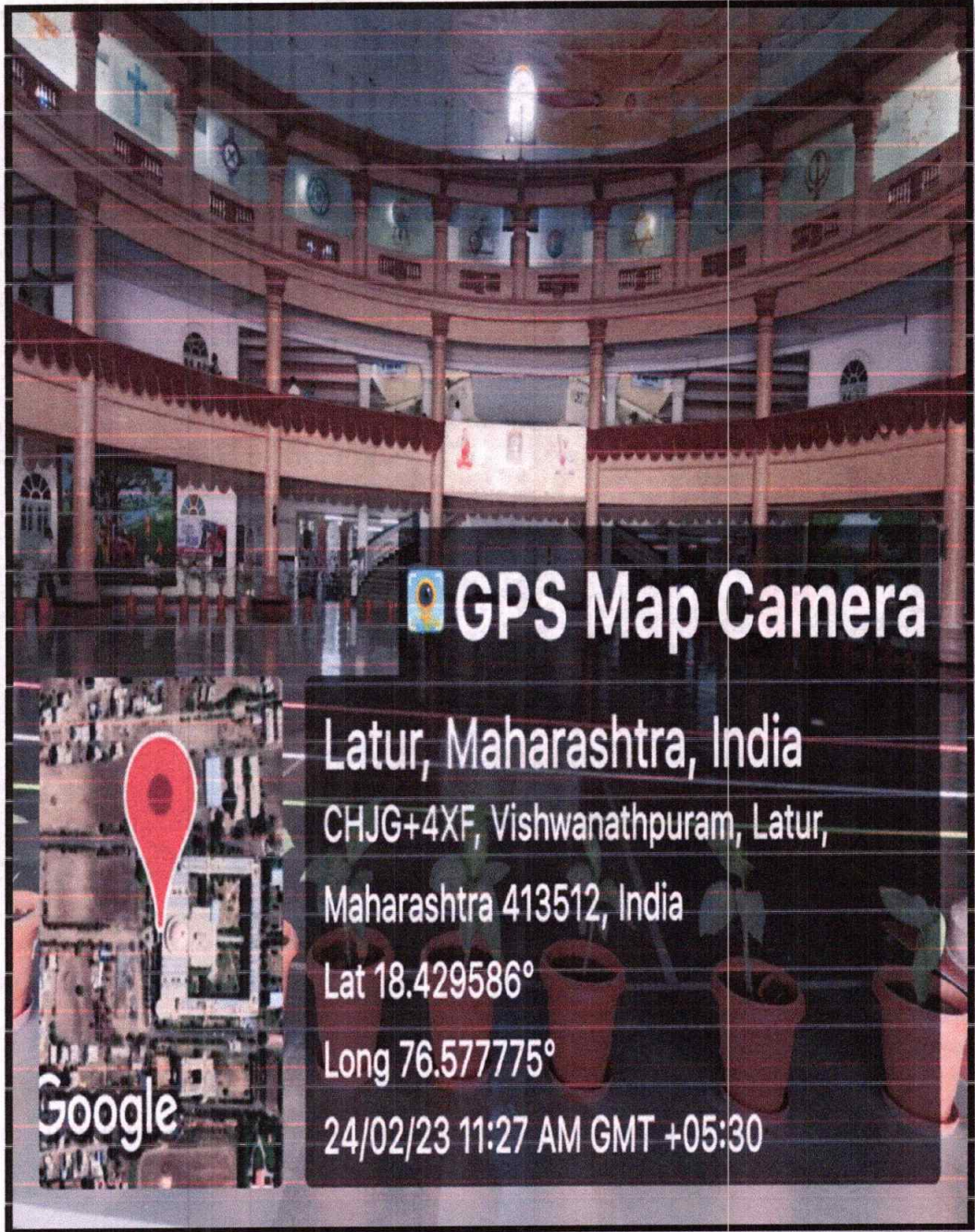
Interior architecture showing symbols of all religion displaying peace, Unity in Diversity

Sangane
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Interior architecture showing symbols of all religion displaying peace, Unity in Diversity. Unity in diversity is a phrase that signifies the unity among people with diverse cultural, religious beliefs, social statuses and other demographic differences. This phrase originated in ancient times to demonstrate unity among individuals or communities

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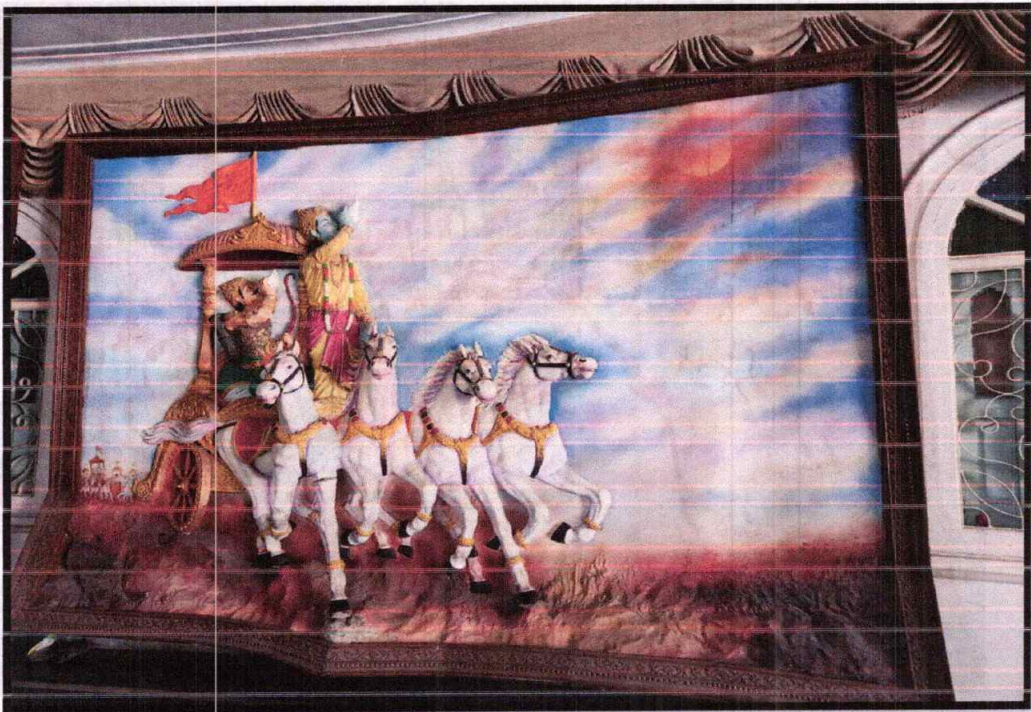


Portray of Saint Dnyaneshwar, Saint Tukaram and the famous scientist Albert Einstein in a single frame, it conveys about the science and spirituality which acts as the both sides of a single coin.

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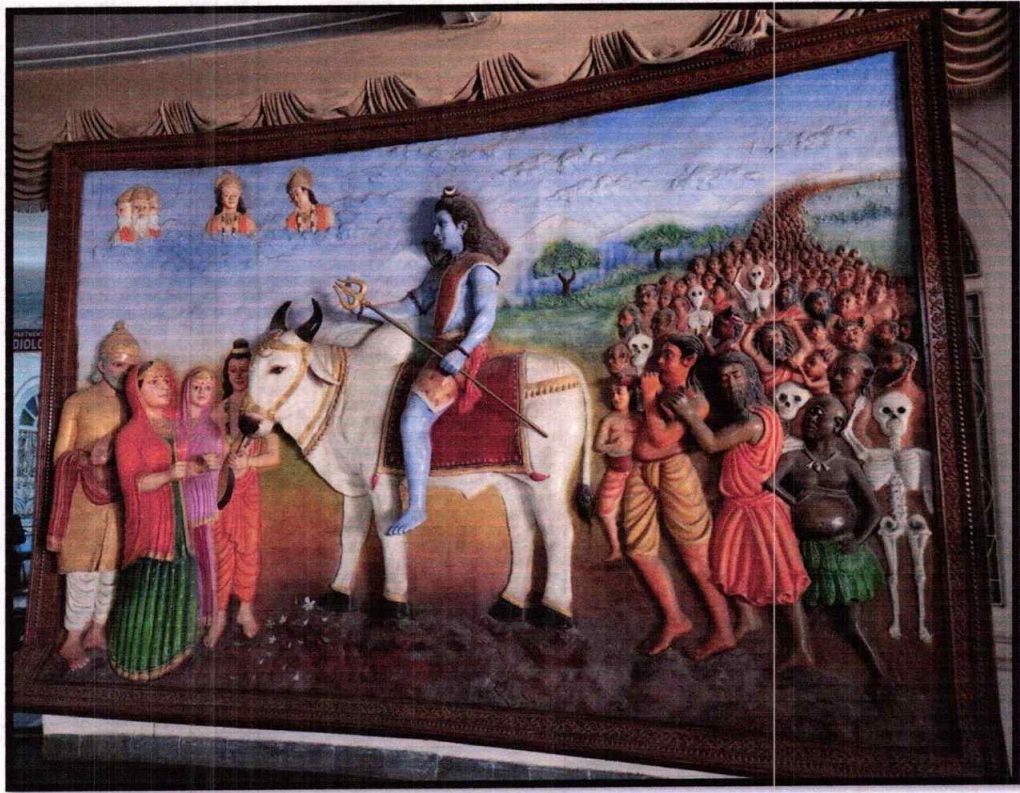


Beautiful Sculpture of Lord Rama inside the campus to inculcate cultural and spiritual value



Beautiful Sculpture of Lord Krishna and Arjun inside the campus

P. S. Rangan
Principal
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Beautiful Sculpture of Lord Shiva inside the campus



Pandharpur Wari is a yatra to Pandharour, Institute Provide facilities to the devotees who join the procession on foot

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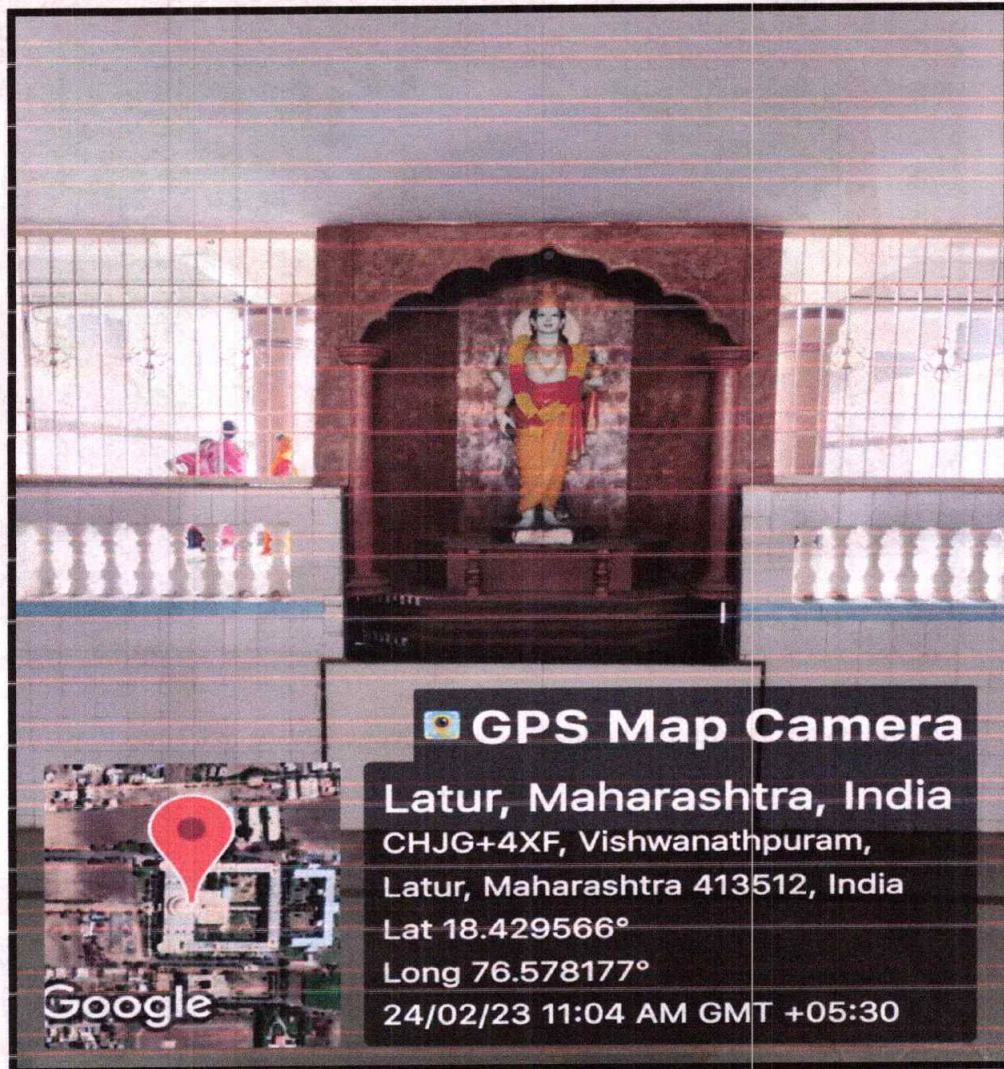


Goddess Saraswati the goddess of Knowledge, music, art, speech, wisdom and learning



Lord Ganesh Temple in the hospital premises for creating the positivity in the minds of the employees and the patients visiting the institute

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Lord Dhanvantri is the divine physician or the doctor of the Gods. who is known as the God of Medicine in the Hindu mythology

Our Institute also encourages students to attend the various programs related to the development of spirituality organised by its parent institute in Pune, Even many of the students are financed by the institute to attend such programs on regular basis to support and advance the exploration and expression of spiritually, religious life, faith-traditions, values and philosophies of life within the context of higher education.

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One more tradition which is regularly followed in our institution from its establishment is the Dress code to all the staff and students of our institute.

Dress code enforces decorum and a serious, professional atmosphere. It promotes inclusiveness and a comfortable, cooperative environment while eliminating individualistic attire that can distract from common goals.

The staff and students should wear uniform on scheduled days i.e. every Monday, and Thursday, and on Independence Day and Republic Day and also as and when informed by authority.

Uniform for male staff :- formal sky blue shirt & formal navy blue pant and for female Staff :- formal Sky blue top & white pant or formal sky blue Casual wears are not allowed on any working day in College & Hospital campus.

For students, Dress code for male Students :- formal sky blue shirt & formal navy blue pant & Dress code for female Students :- white top & white pant



Students wearing uniforms

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2) **Social Values Initiative:** Our Institute with Women's Welfare and Grievance committee conduct programmes for inculcating Social values like Gender Equity and Women Empowerment organises many events to maintain the healthy working atmosphere among all teaching and nonteaching staff and students of our college. In order to maintain harmony committee organizes various programmes throughout the year. The purpose of such Initiatives to prevent gender based bias among students, teaching and non-teaching staff and to provide equal opportunities by eliminating any kinds of discrimination with all regard to curricular and co-curricular activities.



Students will participate in debate completions, performing plays and many other activities for inculcating the values of women empowerment and, Social Justice.

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VALUE ADDED BOOKS IN LIBRARY:

Our library other than providing the curriculum books also provides the value added books which helps the students to explore the things and apply these concept to day to day life, we are having the books that provide them the knowledge about yoga its importance in today's life to keep mind healthy, facing challenges, meditation, spirituality, books related to create self awareness, connecting to the mother nature, which not only helps them to become a good doctor as well a great human being. Some of such value added books lists mentioned below

Book List

<u>Sr.N</u> <u>O.</u>	<u>Author</u>	<u>Title</u>	<u>Edltion/Year</u>	<u>copies</u>
01	Grisham, John	The King of Torts	2004	1
02	Lerangis,	Antarctica : Journey to the Pole	2000	1
03	Shankar, Ravi	Celebrating Silence	2 nd /2008	1
04	Prabhupada, Bhaktivedanta	The Laws o Nature : An Infallible Justice	20 th 2016	1
05	Prabhupada, Bhaktivedanta	The Science of Self-Realization	27 th /2020	1
06	Prabhupada, Bhaktivedanta	Dharma : The way of Transcendence	8 th /2012	1
07	Prabhupada, Bhaktivedanta	Raja-Vidya : The King of Knowledge	14 th /2014	1
08	Marayanaswamy, K.	Yoga: Lower And Hihgh	New ed./2012	1
09	Brmahkumari, Prajapita	Sahaj Rajyog Vidhi Aani Siddhi		
10	Marden, Mool	Bhagya ko Badalo	5 th ed./2009	1
11	Bhaktivedanta	Bhagavad - Gita Yatharup	28 th ed. 2000	1
12	Rama marathe	Aseghadwamulanchevyakti matva	1 st ed. 1995	1

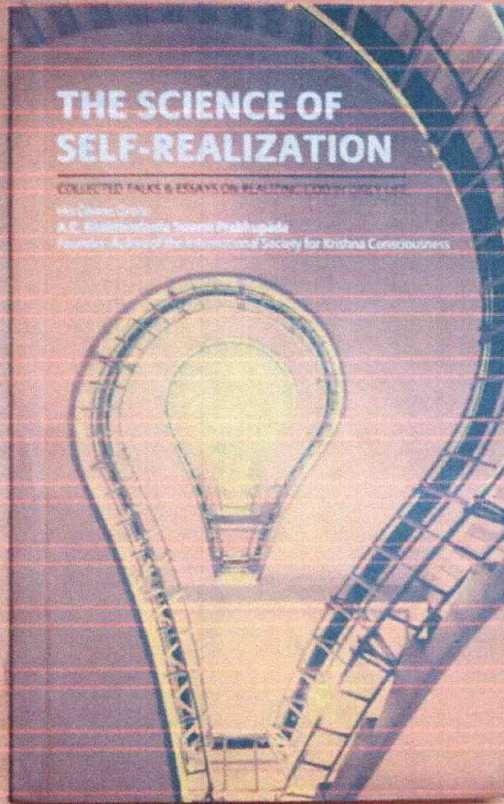
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13	Khore Arun	Lokshahisathisamanjassava nd	Jan-april 2021	1
14	Girish Saxsena	Shekeshpecres the tempest	1 st 1981	1
15	Kulkarni Shridhar	Kavya ani kavita	1 st ed 1971	1
16	Bansal Rashmi	Take me home	1 st ed 2014	1
17	Pai Wamanrao	Samaj gairsamaj	1 st ed 1952	1
18	Bhagat Chetan	The three mistake of my life	1 st ed 2008	1



Text book of "TAKE ME HOME" By RASHMI BANSAL

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latur Maharashtra 413512, India

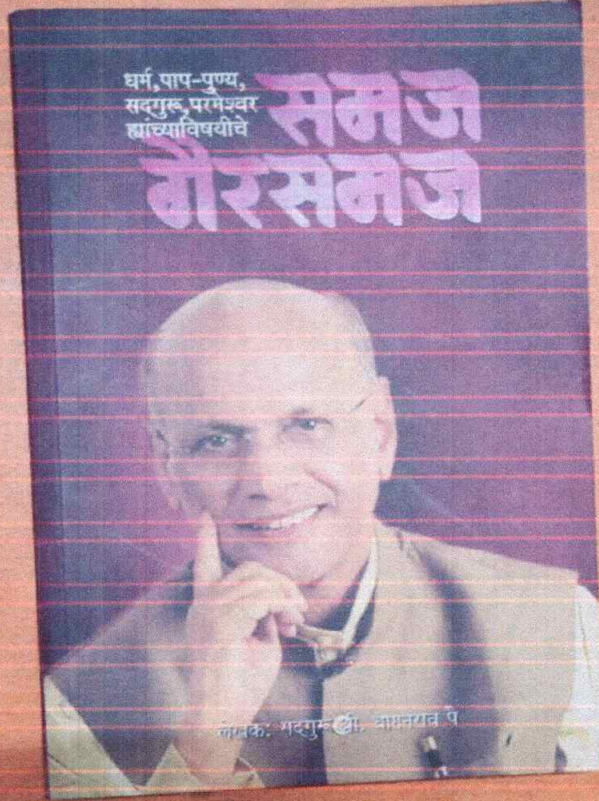
Lat 18.428577°

Long 76.578682°

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Text Book of **“THE SCIENCE OF SELF- REALIZATION”** by PRABHUPADA, and
BHAKTIVEDANTA

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Latur, Maharashtra, India

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latur Maharashtra 413512, India

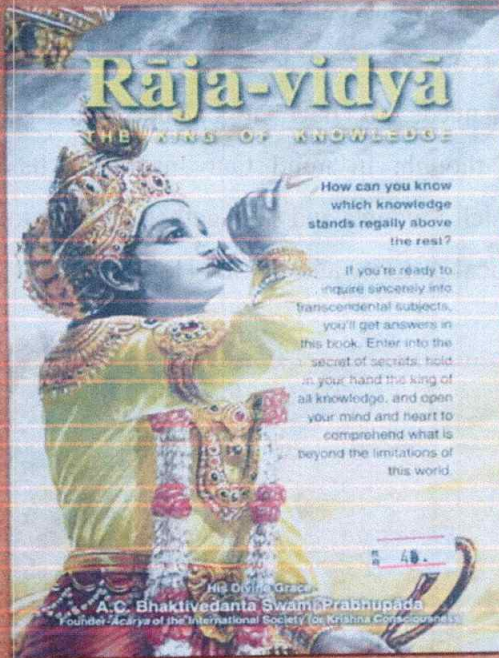
Lat 18.428577°

Long 76.578682°

28/02/23 09:54 AM GMT +05:30

Text Book of "Samaj gairsamaj" by PAI WAMANRAO

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Latur, Maharashtra, India

MIDSR dental college ambajogai road

latur Maharashtra 413512, India

Lat 18.428577°

Long 76.578682°

28/02/23 09:55 AM GMT +05:30

TEXT BOOK OF "RAJA-VIDYA : THE KING OF KNOWLEDGE" BY
PRABHUPADA, AND BHAKTIVEDANTA

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2) Health and Hygiene awareness

Health is a state of complete physical, mental and social well being. Being healthy and fit in simple terms means taking good care of the body. We should remember that a healthy mind resides only in a healthy body. Good health of both mind and body helps one maintain the required energy level to achieve success in life. For a healthy life cycle, a person needs to have a balanced diet and has to regularly exercise. Keeping this thought in mind Our Institution has Organised a Health Awareness Event in which Students and staff gather together to raise awareness about the Good Health, Physical Activity and Mental Health

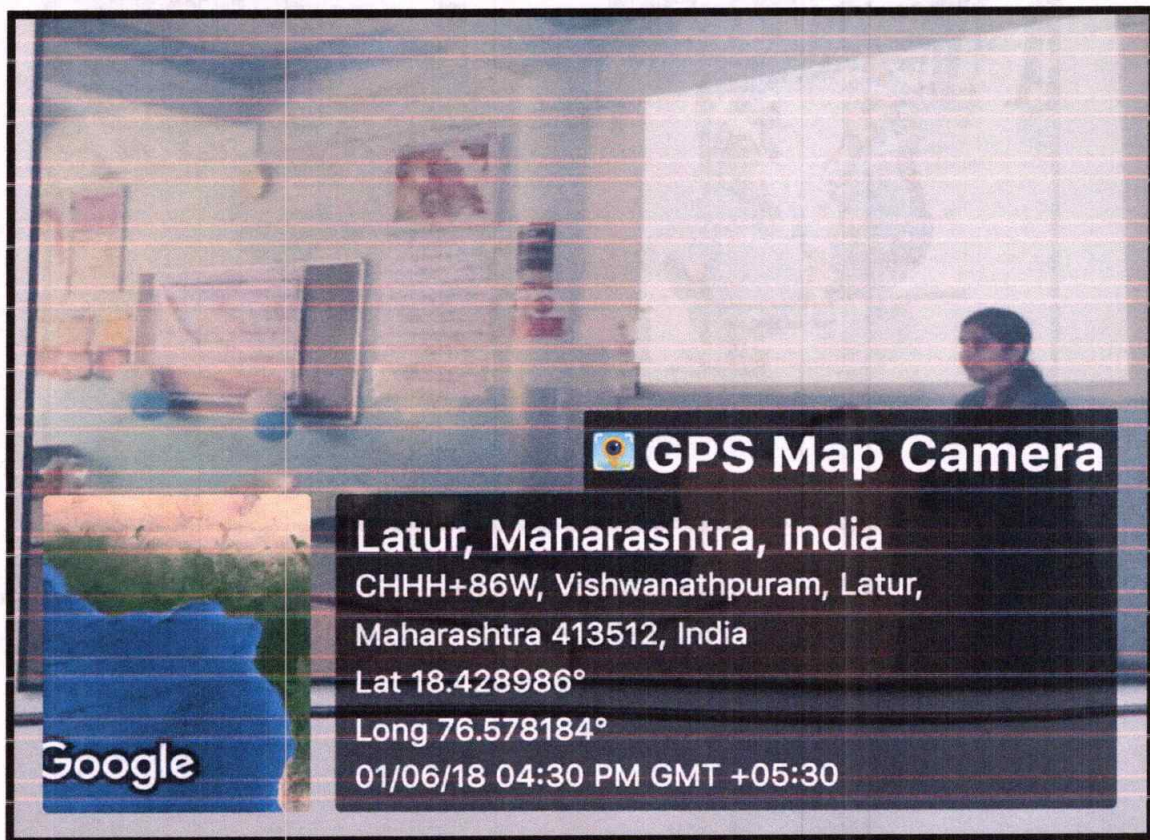


Staff and students Participating in walkathon event for creating awareness about healthy habits, and Physical activity.

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One more awareness programme required is Raising awareness and starting a dialogue about Menstruation Health. Menstruation is a normal biological process and a sign of reproductive health, yet in many countries, it is a taboo subject. In fact, in several parts of the world, menstruation is still perceived as something shameful and utterly private.

Menstrual Hygiene Day, was created to recognize the right of people everywhere to hygienically manage their menstruation and to get people talking about the challenges women, girls, and others who menstruate face worldwide. Our Institute was taken an Initiative with MIDS R Womens Welfare and Grievance committee and organized a guest lecture on the occasion of National Menstrual Hygiene Day at MIDS R Dental College. A guest lecture was organized on “ **MH Day- Menstrual Hygiene Management**” in order to promote awareness by speaker Dr. Roshani Akuskar, Asso. Professor, Department of Gynaecology, MIMS R Medical college, Latur. All female staff, undergraduate and postgraduate students were attended and got the knowledge about the importance about maintaining hygiene during Menstruation



**Dr. Roshani Akuskar, Asso. Professor, Department of Gynaecology providing
lecture on awareness about Menstrual Hygiene Management**

J. Gangane
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Road crashes are the biggest killer of young people worldwide. Young students have a higher risk for crashes because they lack driving experience and because they often engage in risk-taking behaviours. Over-speeding or driving in excess of prescribed speed limits, not wearing helmets or not using seat belts not following the traffic rules are the main causes of road accidents. It is necessary that everyone should follow traffic rules and to take protective measures for our safety. To start with such protective measures, Road Safety Awareness campaign was organized from the students in the form of street play to show consequences of breaking traffic rules



Play by our students demonstrating Road traffic safety to prevent road users from being killed or seriously injured.

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3) Psychological empowerment

Mental health is a positive concept related to the social and emotional wellbeing of people and communities. A person's mental health moves back and forth along this range during their lifetime, in response to different stressors and circumstances. Good Mental health is the ability to respond to the many varied experiences of life with flexibility and a sense of purpose. Students life also rides with such roller coaster experiences during their endeavour. Attending college is a rewarding experience but it is also a time of considerable anxiety and stress for students. Students are subjected to different kinds of experiences which makes them vulnerable to undergo a lot of stress. Stress may affect students' social, physical, and mental health. Deterioration in the health of students may affect learning ability and academic performance as well as goal achievement.

Students should be taught positive coping strategies and various stress managing techniques to improve the ability to cope with the demanding professional course. A congenial learning environment needs to be created for better learning with less anxiety and fear. So to create awareness about the stress management and positive mental health many activities were conducted by the Institute.



Students were performing to provide awareness about the importance of Mental Health,

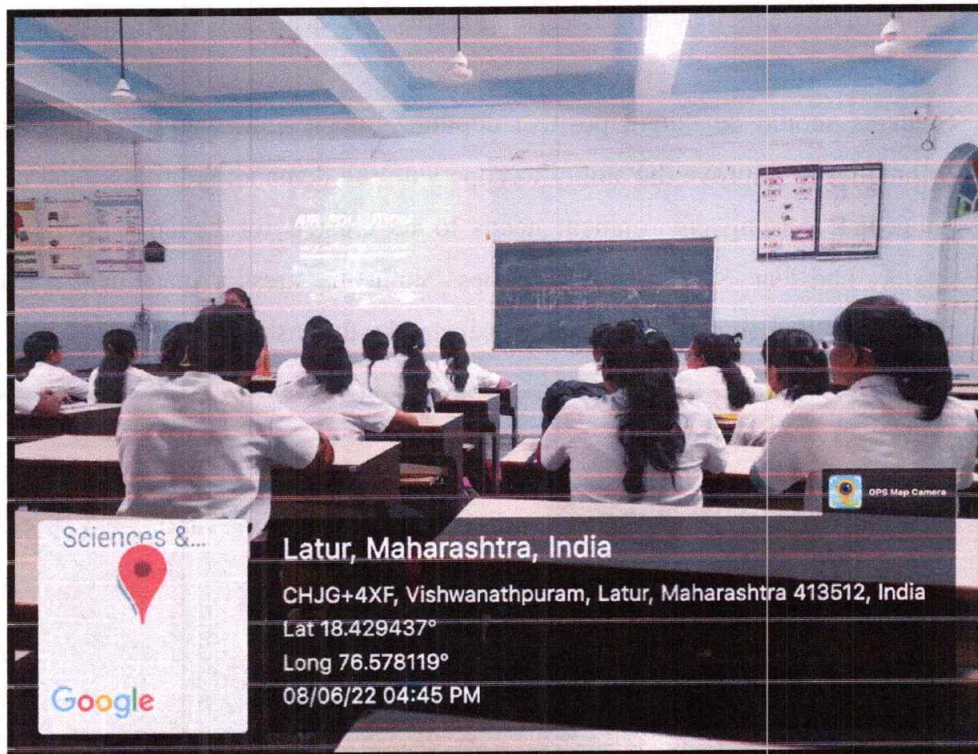
How to cope with unusal circumstances and fight back to reach their goal

Rangana
Principal

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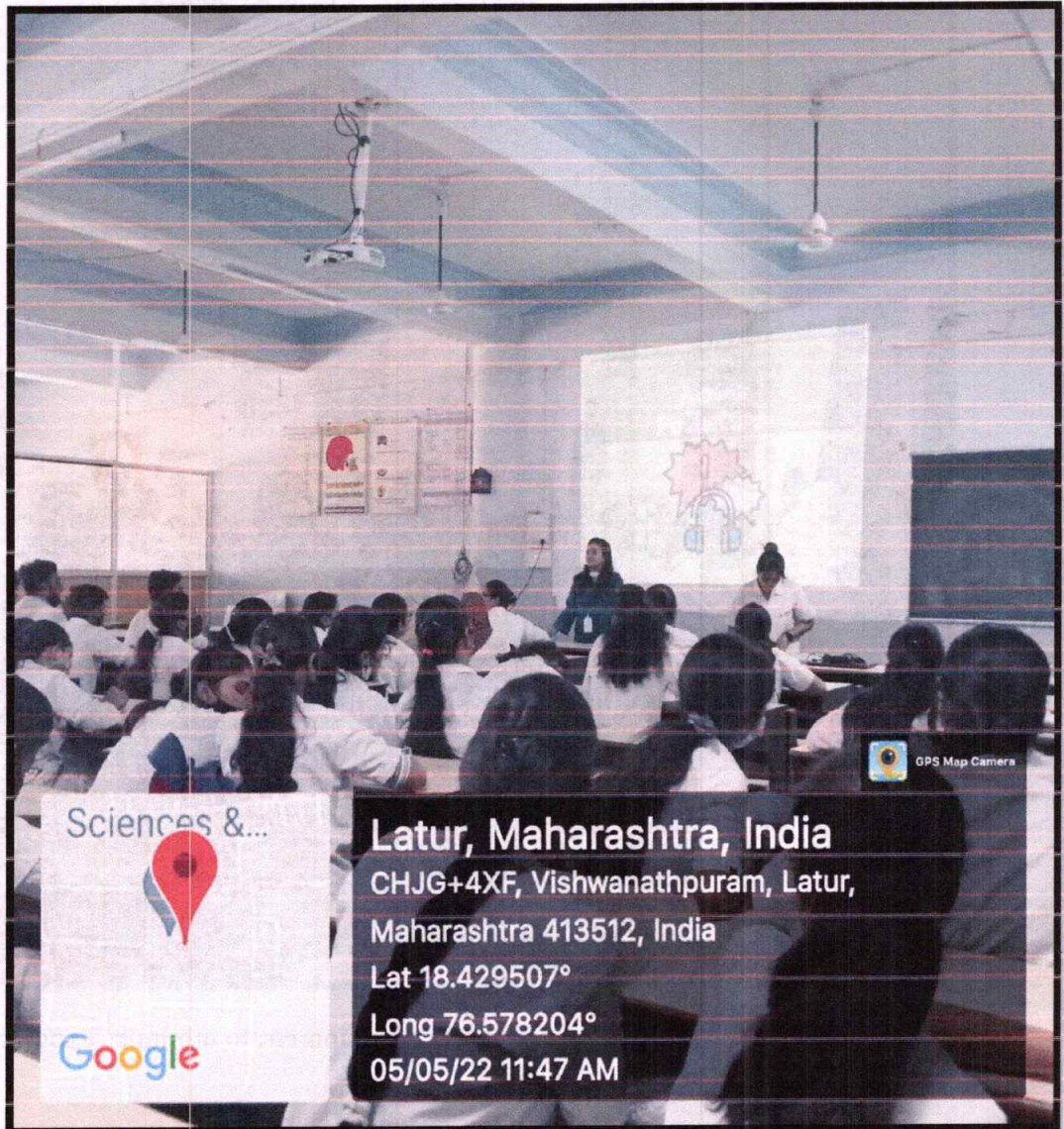
4) Environmental sensitization.

We as humans have moral obligations to preserve mother nature. We have to protect our environment as an act of compulsion. The list is never ending on how to protect our environment but we have infinite list of why clean and green environment is needed for us and our coming generations. For Environment sensitization among students we conduct courses for students which helps them to understand the methods needed in to maintain balance in the environment. The objectives of such programmes are to instil the sustainable life concept in the minds of younger generation, to protect the environment and our mother nature.



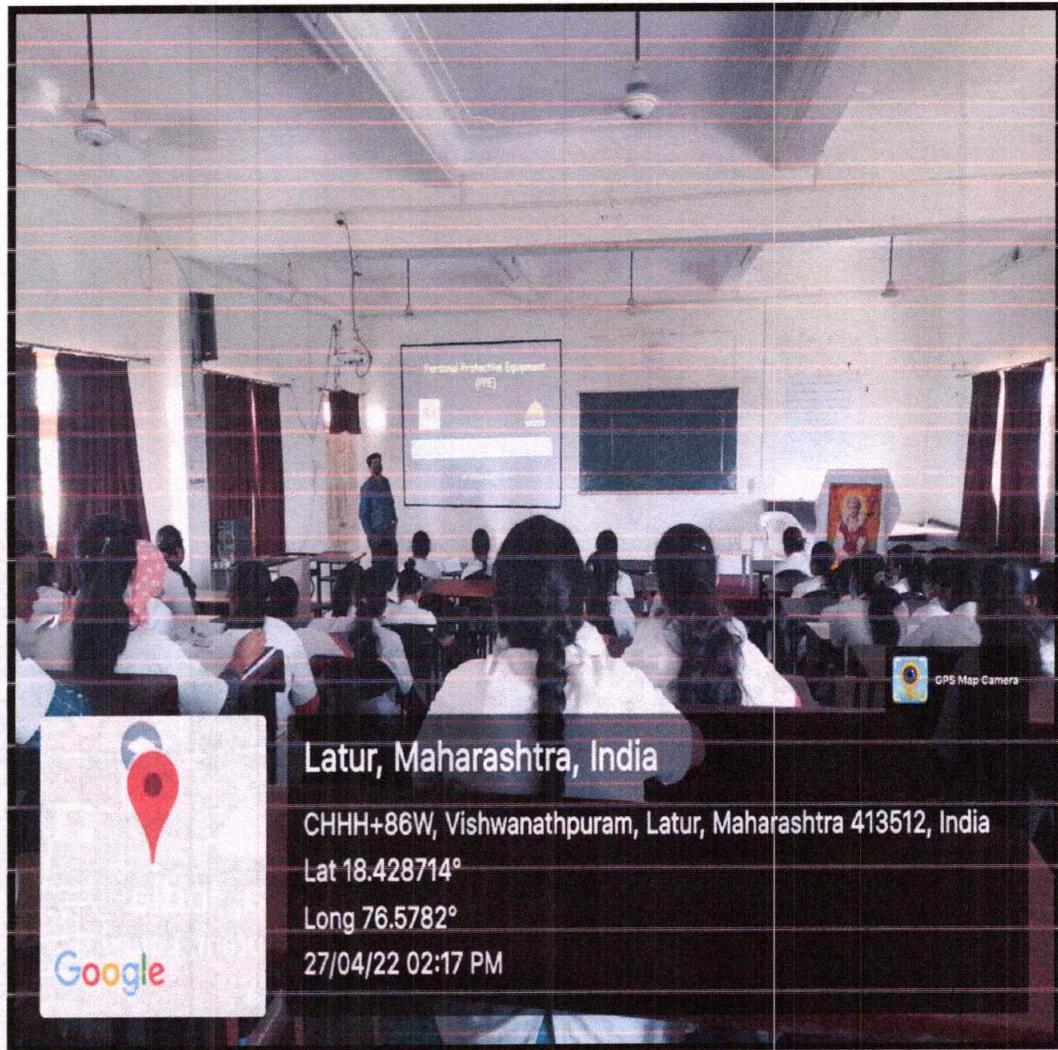
Speaker speaking with the participants about the importance of Environment protection like Air pollution and its Global impact

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Lecture about effects Noise pollution adversely affecting lives of millions of people

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Lecture about the use of Personal Protective Equipment to minimise exposure to hazards at workplaces

We also organise Tree Plantation Programme. The purpose of tree plantation is save the endangered environment and to beautify our life. Trees are valuable gifts of nature, Our student were actively involve and participate in tree plantation programme to motivate their young minds to preserve and increase green revolution on the earth. In this programme students were allocated with individual plants to plant and its their responsibility to take care of their plant by providing water and necessity requirements needed them to grow and making them to contribute towards the Green Campus Initiative

Shamgan
Principal
M.I.D.S.R. Dental College
LATUR



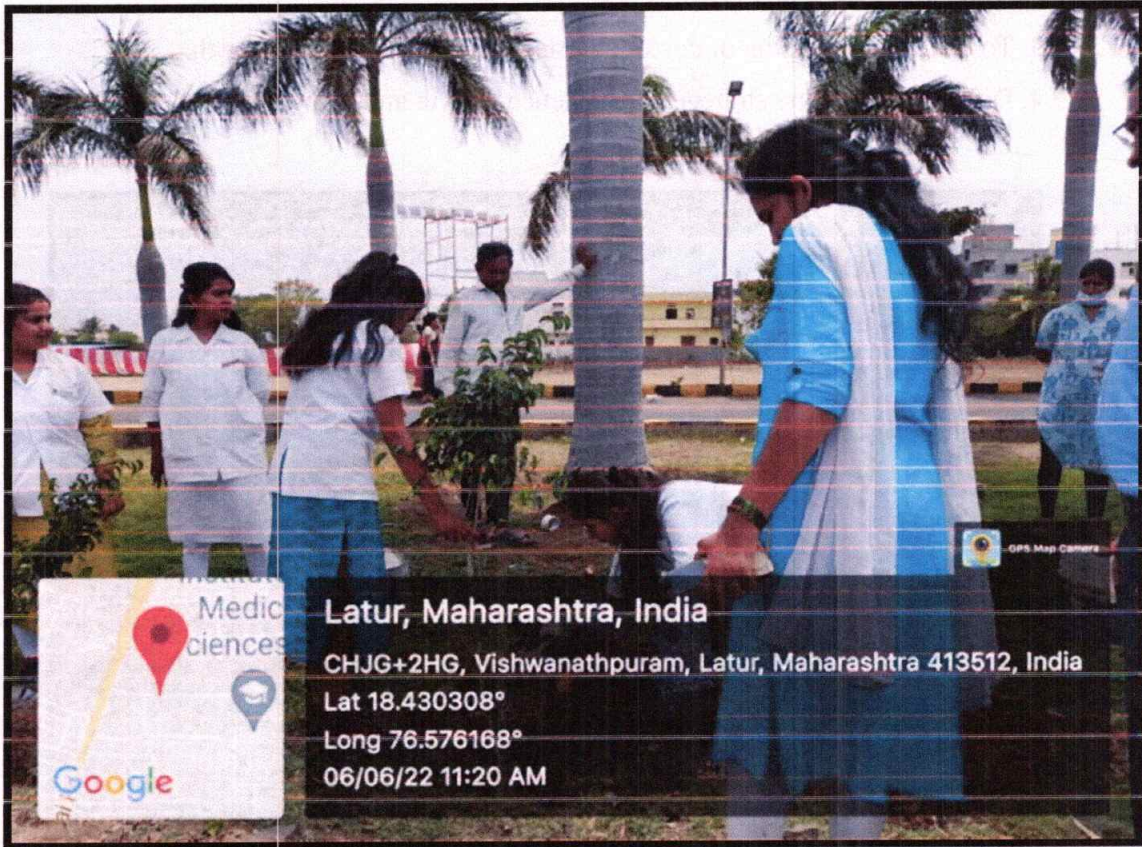
Faculty members and students attending the Plantation Programme

Scangane
Principal
M. I. D. S. R. Dental College
LATUR



Faculty member planting a Plant

Rangane
Principal
M. I. D. S. R. Dental College
LATUR



Student planting a plant, henceforth its her responsibility to take care of that plant by providing the necessary requirement to grow into a Tree

5) Financial Literacy and Independence.

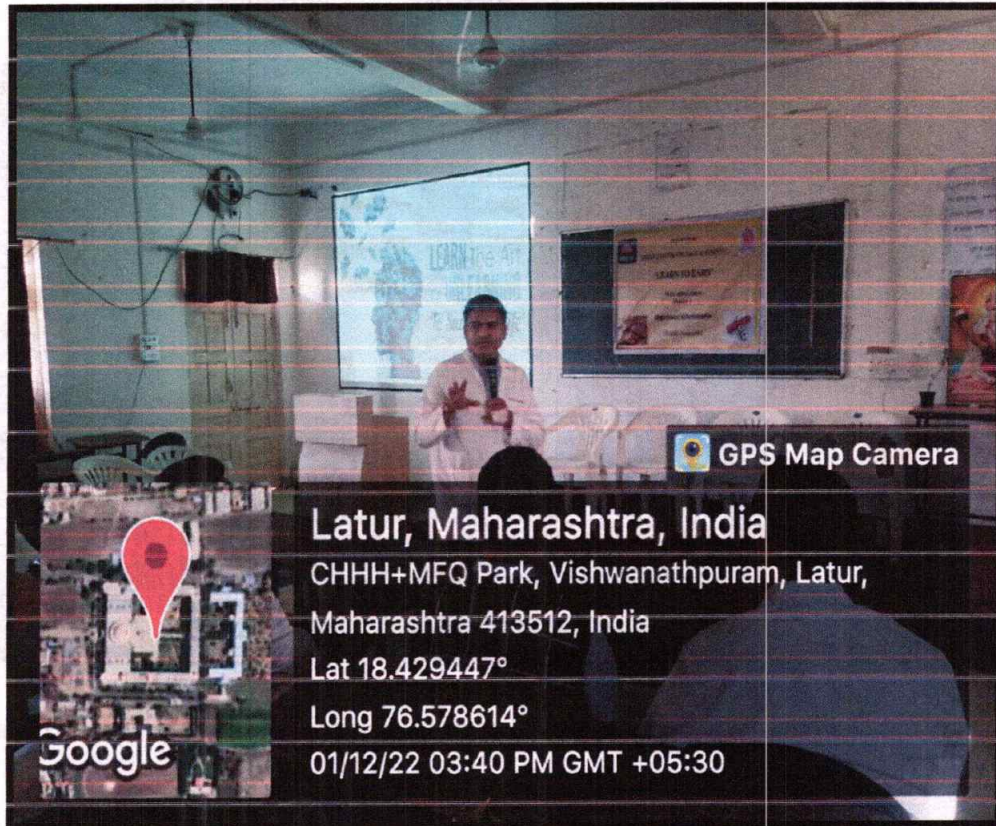
Learn To Earn, This is a Practice Management Course offered by MIDSR College Latur. Why are few people roaring in practice and few feel they have stuck in wrong profession? Though people have same degrees and are in the same city and locality one grows and others only survive or perish? Why not all toppers in college are leading practioners and most of people who are failures in college are failures in practice in city? Do you have these questions and do you want to get answers for this questions you need to attend this course.

Objectives of the course

1. To teach soft skills needed for running practice.

Rangan
Principal
M. I. D. S. R. Dental College
LATUR

2. To give knowledge about how our clinic ambience, staff presentation will grow practice.
3. To teach how dressing of doctor and staff matters in practice growth.
4. Different marketing strategies for practice growth and many more.



Speaker interaction with the participants about the practice management in their clinics

Our pioneer Dr V D Karad Sir says that “Degrees alone, makes not an educated man, it’s the men of character, who can change this world”, our institute endeavors to develop the “Winning Personalities” of students by making them ‘Physically Strong, Mentally Alert, Intellectually Sharp and Spiritually Elevated’ and transform them in “Complete Human Beings”, as the student community is groomed with most innovative “**Value Based Universal Education System**”.

Sangane
Principal
M. I. D. S. R. Dental College
LATUR