Date: 22/09/2022

To,

The Principal

Maharashtra Institute of Physiotherapy

Latur

Subject: Application for a request to conduct a Seminar on Ergonomics and Posture Guidelines for Orthodontic professionals.

Respected Madam,

We the Department of Orthodontics and Dentofacial Orthopaedics, MIDSR Dental College, Latur is requesting you to conduct a Seminar on Ergonomics and Posture Guidelines for Orthodontic professionals, on 26th of September 2022.

Kindly grant us the permission for the same & oblige.

Thanking you,

Department of Orthodontics

Principal MIDSR Dental College Latur.

Principal M.I.D.S.R. Dental College. LATUR

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MIP College of Physiotherapy Latur -413 531





Workshop and Demonstration on "Ergonomics and Posture Guidelines for Orthodontic professionals "

Organized By – Department of Orthodontics and Dentofacial Orthopedics and **Maharashtra Institute of Physiotherapy**

1. WORKSHOP DESCRIPTION

Workshop and Demonstration was planned on the topic **Ergonomics and posture guidelines for Orthodontic professionals** in collaboration with **Maharashtra Institute of Physiotherapy, Latur.** On 26th September at Maharashtra Institute of Physiotherapy, at 11.30 am. The Lecture was delivered by Dr. Pallavi Dangat followed by demonstration of correct postural techniques for Orthodontic professionals. Total 16 delegates were participated in the workshop including Orthodontic Department teaching staff, postgraduate students and interns.

11. LEARNING OBJECTIVES:

- Prevention of work related musculoskeletal disorders and conditions which might lead to it
- Increasing safety and productivity
- Enhanced performance by eliminating unnecessary effort
- Improving the standard of care to the patient

111. THE PROGRAM CURRICULUM AND SCHEDULE INCLUDES:

- 1. Lecture on Ergonomics and Posture Guidelines for Orthodontic Professionals.
- 2. Demonstration correct postural techniques for Orthodontic professionals.





IV. TOPICS INCLUDE:

- Introduction to Ergonomics
- Etiology of pain and soreness
- Forced cervical static postures
- Temperature humidity and ventilation
- Positioning requirements
- Mirror requirements
- Chair light and sitting position
- Four Handed Orthodontics
- Musculoskeletal disorders
- Management of MSDs
- V. ELIGIBILITY OF CANDIDATES: Orthodontic Professionals and Interns

VI. REGISTRATION FEES: Free for all students

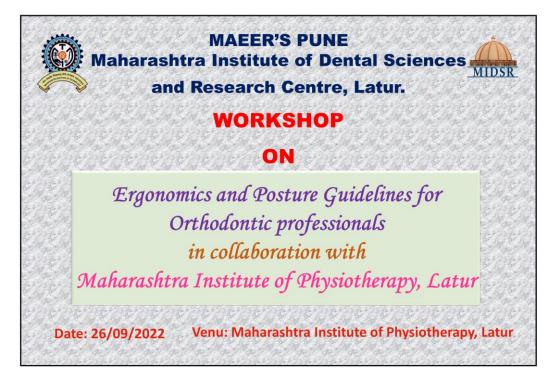
VII. **FACILITIES:** Participation and lecture presentation certificates were given after completion of workshop by Principal Dr. Suresh Kamble.



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BROCHURE OF THE WORKSHOP



SR. NO.	SCIENTIFIC PROGRAMME	TIME
1	Inauguration and Welcome	11:30 -11:45
2	Lecture	11:45-1:00
3	Lunch-Break	1:00-2:00
4	Discussion & Demonstration	2:00-4:00
5	Valedictory	4:00-4:30



MAHARASHTRA INSTITUTE OF DENTAL SCIENCES AND RESEARCH,

DENTAL COLLEGE, LATUR (MAHARASHTRA)



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LIST OF PARTICIPANTS

MIDSR DENTAL COLLEGE, LATUR Ergonomics and Posture Guidelines for Orthodontic professionals in collaboration with

Maharashtra Institute of Physiotherapy, Latur

ATTENDANCE SHEET

Sr. No.	NAME OF THE PARTICIPANT	MOBILE NO	EMAIL ID	SIGNATURE
1	Dr. Pranykumar m	940436634	dopratinkumar of Oguas	R
2		9869432985	SSKamble 2014 @ Smail.on	A
3	Do. Yatish Kumog Joshi		Orthoyatishjoshi@gmail.on	July
4	Dr. Syit M. Radate	9422780470	Zadakeswitt og @gmail.com	app
5	Dr. Payal Bhutada		payallon utada 99@gmail.com	Fairly.
6	Qq. Jupp Nakhate	9404309936	nachate. teuph 30@gmail.com	graphet.
7	De Swathilekehmie Nais	2503260886	naizewathi 886 @ gmail com	Q Martine
8	Dr. Amerita Kendre	8080325552	de un entakendre agniril.com	Aturn
9	Dr. Tanuja Kendre	9730393196	tanujakendse@gmail.com	Thende
10	Dr. Jyotsha chate	9075215694	14 of the chate 4 2 gmoel. com	syotra
11	Dr. Sayali Deshmukh	9326844085	deshrout hsayali 009@gmil	om Soutar
12	Marder Joshi	8421387958	Mardermjüswi (999@ gmail.com	17=
13	Riddy Nasish	8180090809	norichkumae 18 @ fmail.co	Sur.
14	Dr Polleis Daugat (PT)	9423233617	dr. pallois. phylis Ognail. Com	
15	Dr. Pratiksha Kawade(PT)	9370947570.		5 Kulle
16	18. Shirea Kenda e.	9420685304	Shirabikkad 80@gnil.com	Storte
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CERTIFICATE FORMAT

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MIDSR DENTAL COLLEGE AND RESEARCH CENTER, LATUR



Certificate of Participation

This is to certify that Dr. YATISHKUMAR JOSHI has participated in the Workshop and Demonstration On "Ergonomics and Posture Guidelines for Orthodontic professionals in collaboration with Maharashtra Institute of Physiotherapy, Latur." Conducted on <u>26/09/2022</u> at Maharashtra Institute of Physiotherapy.

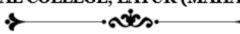
Dr. Suresh Kamble

Principal

Cantani Dr. Suresh Kangane Vice Principal



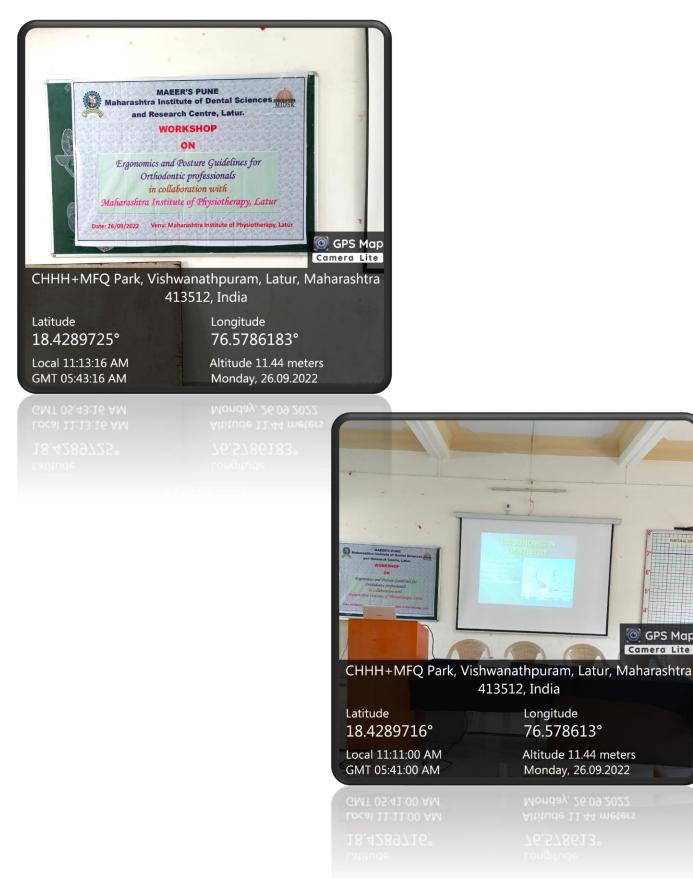
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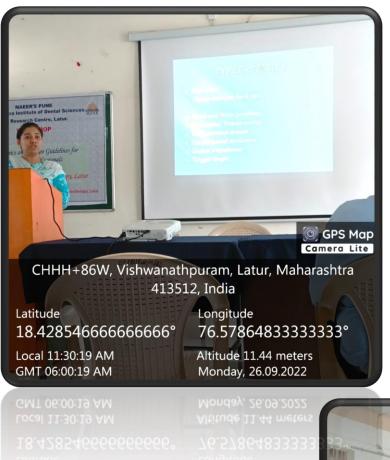
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Altitude 11.44 meters Monday, 26.09.2022















HOD

Department of Orthodontics

PRINCIPAL

MIDSR Dental College, Latur.